










XTERRA Czech (*Prachatice, Tschechische Republik*)

111,24 €

 19.6.  1.5 km (32:35.78)  35 km (02:26:49.44)  10.5 km (01:10:59.80)  04:10:25.03  167/201 (AK: 2/2)

»Tagestour« oder: »Auf ein Schnitzel nach Wien?«







 23.6.  526.27 km (20:15:54)  25:48:58

RSC Bergzeitfahren (*Fischbrunn*)

 21.7.  4.45 km (14:29)  14:29  18/23

Triathlon Ingolstadt

100,00 €

 12.9.  0.75 km (16:37)  20 km (36:46)  4.6 km (20:08)  1:17:35  8/107 (AK:1/13)

34. Arcadenlauf in die Mönau (*Erlangen*)

18,00 €

 18.9.  10 km (47:10.03)  47:10.03  17/112 (AK:5/22)

5. Hörmannsdorfer Duathlon

30,00 €





 26.9.  9.3 km (0:47:12.97)  42 km (1:46:33.24)  5.3 km (0:31:16.45)  3:05:02.66  8/9 (AK: 1/1)

Jag de Wuidsau (*Burglengenfeld*)

37,00 €

 9.10.  5.2 km (0:37:35.26)  21 km (1:33:02.93)  3.2 km (0:26:31.46)  2:37:09.65  9/12 (AK: 2/2)

 Bayrische Meisterschaft Crossduathlon  6/7 (AK: 2/2)

 2.25 km  592.72 km  56 km  48.1 km 296,24 €

Landkreislauf

07.05. 7.38 km
(35:26)

MainCityTriathlon (Schweinfurt)

15.05. 1.5 km 40 km 10 km 2:22:36 5/28 (AK: 2/2) 60,00 €

Triathlon Ingolstadt (Ingolstadt)

29.05. 1.9 km 80 km 20.9 km 4:39:33 14/151(98) (AK:3/4(3)) 200,00 €

Deutsche Meisterschaften der DTU im Triathlon Mitteldistanz (AK: 3/4)

Triathlon Obernzenn (Obernzenn)

12.06. 1.5 km 38.5 km 10 km 2:32:50 1/5 65,00 €

Metropolmarathon Fürth (Fürth)

26.06. 42.2 km 3:17:44 2/55 (27/301) (AK: 1/12) 33,33 €

race24 - 24 Stunden Rennen Kelheim (Kelheim)

09./10.07. 164 km 4/22 80,00 €

Mainathlon (Eltmann)

16.07. 0.75 km 23 km 7.3 km 01:53:39.07 1/29 (25/165) (AK: 1/7) 35,00 €

M-net Erlanger Triathlon (Erlangen)

24.07. 2 km 86 km 20 km 4:48:11.41 5/28 (75/203) (AK: 2/3) 170,00 €

RSC Bergzeitfahren (Fischbrunn)

27.07. 4.45 km 1/4

Arber Radmarathon (Regensburg)

31.07. 244 km 11:43:51 45,00 €

O-SEE Challenge (Zittau)

20.08. 1.5 km 37 km 10 km 03:53:57 (AK: 3/4) 135,00 €

XTERRA Germany / DTU Deutsche Meisterschaften (AK: 3/4)

XTERRA Sumava Long Distance (Sumava)

03.09. 2 km 60 km 21 km 05:04:15 2/9 (14/40) (AK: 1/1) 162,00 €

Hahnenkammlauf (Edelsfeld)

10.09. 4.8 km 19:35 1/13 (AK: 1/2) 7,00 €

35. Arcadenlauf in die Mönau (Erlangen)

17.9. 10 km 40:15.24 1/90 (AK: 1/24) 20,00 €

Jag de Wuidsau (Burglengenfeld)

08.10. 6.2 km 21 km 4.2 km 2:11:47.61 5/9 (AK: 1/2) 42,00 €

Bayerische Meisterschaft Crossduathlon 5/9 (AK: 1/2)

Garda Trentino Half Marathon (Gardasee)

13.11. 21.3 km 01:35:58.36 473/2196 (comp: 440/1608) (AK:19/80) 35,00 €

11.15 km 656.95 km 141 km 195.28 km 1.089,33 €